The Short MAST-GERIATRIC VERSION (SMAST-G)

Please answer Yes or No to the following questions:

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
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<tr>
<td>1. When talking with others, do you ever underestimate how much you drink?</td>
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<td>2. After a few drinks, have you sometimes not eaten or been able to skip a meal because you didn’t feel hungry?</td>
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<td>3. Does having a few drinks help decrease your shakiness or tremors?</td>
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<td>4. Does alcohol sometimes make it hard for you to remember parts of the day or night?</td>
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<td>5. Do you usually take a drink to calm your nerves?</td>
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<td>6. Do you drink to take your mind off your problems?</td>
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<td>7. Have you ever increased your drinking after experiencing a loss in your life?</td>
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<td>8. Has a doctor or nurse ever said they were worried or concerned about your drinking?</td>
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<td>9. Have you ever made rules to manage your drinking?</td>
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<td>10. When you feel lonely, does having a drink help?</td>
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**SCORING:**
Score 1 point for each ‘yes’ answer and total the responses.

2+ points = are indicative of an alcohol problem and a BI should be conducted. The extra question below should not be calculated in the final score but should be asked.

**Extra Q:** Do you drink alcohol and take mood or mind altering drugs, including prescription tranquilizers, prescription sleeping pills, prescription pain pills, or any illicit drugs?”