The Short MAST-GERIATRIC VERSION (SMAST-G)

Please answer Yes or No to the following questions:	Yes	No
 When talking with others, do you ever underestimate how much you drink? 		
2. After a few drinks, have you sometimes not eaten or been able to skip a meal because you didn't feel hungry?		
3. Does having a few drinks help decrease your shakiness or tremors?		
4. Does alcohol sometimes make it hard for you to remember parts of the day or night?		
5. Do you usually take a drink to calm your nerves?		
6. Do you drink to take your mind off your problems?		
7. Have you ever increased your drinking after experiencing a loss in your life?		
8. Has a doctor or nurse ever said they were worried or concerned about your drinking?		
9. Have you ever made rules to manage your drinking?		
10. When you feel lonely, does having a drink help?		
SCORING: Score 1 point for each 'yes' answer and total the responses 2+ points = are indicative of an alcohol problem and a BI should be conducted. The extra question below should not be calculated in the final score but should be asked.		
Extra Q: Do you drink alcohol and take mood or mind altering drugs, including prescription tranquilizers, prescription sleeping pills, prescription pain pills, or any illicit drugs?"		